

**Effective
September 13, 2010**



ACADEMY OF MARTIAL ARTS

Monday

Dojo A	Dojo B
	4:00 - 4:45 p.m.
4:30 - 5:30 p.m.	5-7 Kids
8-10 Beginner	
	5:00 - 6:00 p.m.
5:45 - 6:30 p.m.	8-10 Orange+
5-7 Kids	
	6:15 - 7:15 p.m.
6:45 - 7:45 p.m.	11-14 Beginner
8-10 Beginner	
	7:30 - 8:30 p.m.
8:00 - 9:00 p.m.	11-14 Orange+
Adult (Green~Brown)	
	8:30 - 9:30 p.m.
	Sho Dan

Tuesday

Dojo A	Dojo B
	4:00 - 4:45 p.m.
4:30 - 5:30 p.m.	5-7 Kids
8-10 Orange+	
	5:00 - 6:00 p.m.
5:45 - 6:30 p.m.	11-14 Orange+
5-7 Kids	
	6:15 - 6:45 p.m.
6:45 - 7:45 p.m.	Tykes
8-10 Beginner	
	7:00 - 8:00 p.m.
8:15 - 9:15 p.m.	11-14 Beginner
Adult (Green~Brown)	
	8:15 - 9:15 p.m.
	Adult (White~Orange)

Wednesday

Dojo A	Dojo B
	4:00 - 5:00 p.m.
4:30 - 5:30 p.m.	8-10 Beginner
11-14 Orange+	
	5:15 - 6:15 p.m.
5:45 - 6:45 p.m.	11-14 Beginner
8-10 Beginner	
	6:30 - 7:15 p.m.
7:00 - 8:00 p.m.	5-7 Kids
Youth Green+	
	7:30 - 8:30 p.m.
8:15 - 9:15 p.m.	8-10 Orange+
Adult (Kobudo)	
	8:30 - 9:30 p.m.
	Adult (White~Orange)

Thursday

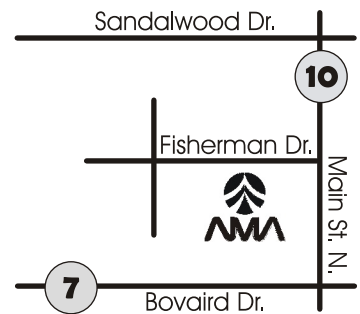
Dojo A	Dojo B
12:00 - 1:00 p.m.	
Adult Open	
	4:00 - 4:45 p.m.
4:30 - 5:30 p.m.	5-7 Kids
Youth Green+	
	5:00 - 6:00 p.m.
5:45 - 6:45 p.m.	8-10 Orange+
11-14 Beginner	
	6:15 - 7:15 p.m.
7:00 - 8:00 p.m.	11-14 Orange+
8-10 Beginner	
	7:30 - 8:30 p.m.
8:15 - 9:15 p.m.	Adult (White~Orange)
Adult (Green~Brown)	
	8:30 - 9:30 p.m.
	Ni Dan

Friday

Dojo A	Dojo B
	9:30 - 10:15 a.m.
	Tai Chi
12:00 - 1:00 p.m.	
Adult Open	
	4:00 - 4:45 p.m.
4:30 - 5:30 p.m.	5-7 Kids
8-10 Orange+	
	5:00 - 6:00 p.m.
5:45 - 6:30 p.m.	8-10 Beginners
5-7 Kids	
	6:15 - 7:15 p.m.
6:45 - 7:45 p.m.	11-14 Beginners
11-14 Orange +	
	7:30 - 8:30 p.m.
8:00 - 9:15 p.m.	Adult (White~Orange)
Youth Green+	
	8:30 - 9:15 p.m.
	Tai Chi

Saturday

Dojo A	Dojo B
	9:00 - 9:30 a.m.
	Tykes
9:00 - 9:45 a.m.	
5-7 Kids	
	9:45 - 10:45 a.m.
	8-10 Orange +
10:00 - 11:00 a.m.	
8-10 Beginners	
	11:00 - 12:00 p.m.
	11-14 Beginners
11:15 - 12:15 p.m.	
11-14 Orange +	
	12:15 - 1:15 p.m.
12:30 p.m.	Adult (White~Orange)
Gradings	



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**AMA North
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Forever Strong.

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